

DAY ONE

8:30 Registration and Refreshments

9:00 Introductions, Course Admin. and Expectations and FRESH

Course Aim & Objectives

Course Outline

Course Workbooks

Learning Pairs - Giving & Receiving Feedback

Relational & Restorative Processes (RP)

Explicit Practice, Aim, Philosophy

Key Elements of RP:

Relational Styles Template (Choices)

Fair Process

Break (15 Minutes)

Relational Questions and Language

Free expression of Emotions (Shame & Affect)

Braithwaite's Hypothesis

Re-Cap of RP Key Elements

The Functional Family - Exercise

Lunch (45 minutes)

RP Description Exercise

RP Levels of Practice

Role Play - Practical use of Levels

Personal Family Harm Experience - Exercise in Learning Pairs (includes Empathetic Listening)

Collaboration vs. Coercion - Discussion and Exercise

Engaging with and Empowering Families

Break (15 Minutes)

"What is a Family Group Meeting" – DVD (17 ½ Mins.)

Stakeholders in the FGM/C process

FGM/C Overview

Typology of Family Focused RP

Key Features and Applications of the FGC Process

RP Implementation Group discussion

Check-out Circle

5:00 Finish

3-Day SynRJ FGM/C Agenda



DAY TWO

8:30 Sign in and Refreshments

9:00

Check-in Circle

The FGM/C Process: Referral, Preparation:

FGC – The Child's perspective DVD (6.27)

Participants Benefits. Handling Strong Emotions

Meeting/Conference: Information Sharing, Private Family Time,

Presentation of the Plan, Implementation and Review

Break (15 Minutes)

Case Study #1 - *Michelle's Needs!*

The SynRJ Scripted FGM Model

Preparation Exercises

Facilitators Check List

Practical preparation of participants

Face to Face Preparation of main participants

Telephone preparation of Professional

Preparation for Role Play –co-working in Learning Pairs

Lunch (45 minutes)

Preparation for Role Play - Continued

Allocation of Roles and Facilitators

Role Play #1- *Michelle's Needs!* (Co-working)

De-role and De-brief

Break (15 Minutes)

Co-Working Discussion based on pre-read

Family Group Meeting/Conferencing - Description Exercise

Check-out Circle

5:00

Finish

DAY THREE

8:30 Sign in and Refreshments

9:00

Check-in Circle

Case Study #2 –Viewing Worries!

Preparation for Role Play–co-working in Learning Pairs

Allocation of Roles and Facilitators for this role play

Break (15 Minutes)

Role Play #2 - Viewing Worries! (Co-working)

De-role and De-brief

Case Study #3 – Chastising Billy!

Lunch (45 minutes)

Preparation for Role Play –co-working in LP's

Allocation of Roles and Facilitators

Role Play #3 - 'Chastising Billy!'

De-role & De-brief

Break (15 Minutes)

Overcoming Concerns

First Steps for Implementation FGM & RP

Organisational Change/Styles Template

Final Questions / Evaluations / Wrap-up

Closing Circle

5:00

Close of Course